

Be Smart about Saving & Spending

Teach Children to Save Day

April 27, 2010

Note to Parents and Guardians:

It is important to teach children to make change, how savings and checking accounts work, how money grows in banks, how a budget can help manage money, and how to get the best deal when buying something.

What You Can Do:

You can help your child learn good habits about money by:

- * Use your child's allowance as a way to teach lessons about decision-making, budgeting, and the value of saving. You must give your child control over how the allowance is spent, and allow mistakes to be made. These can be powerful learning experiences.

- * Encourage your child to put away 10-20 percent of the money he/she receives (including allowance and gifts) as savings. Take your child to your financial institution to open a savings account, and make a trip there together every month to make a deposit.

- * Reinforce the importance of saving money by helping your child set savings goals, such as a video game or a new bicycle. Motivate saving by offering to match dollar-for-dollar the money your child puts aside.

Bedford Loan & Deposit Bank is willing to help make those first steps in helping to teach your child to start saving. Once your child fills up their quarter saver they can come in with a parent or guardian and open a savings account with that \$5 or more. Two forms of identification are required.

See you soon!